

**SAMHSA Primary and Behavioral Health Care Integration
Midwest Region (HHS Region 5) In-Person Meeting
February 1-2, 2016 • Hard Rock Hotel • Chicago, IL
Agenda**

Overview

Regional meetings provide the opportunity to engage with fellow grantees, federal partners, and national organizations on accomplishments and challenges related to implementing and sustaining PBHCI services. Participants will leave with new strategies to help support implementation.

Monday, February 1**1:00 – 2:00 pm****Welcome & Introductions/Grantee Sharing**

- Roxanne Castaneda, SAMHSA PBHCI GPO
- Jeff Capobianco, CIHS Liaison
- Rose Felipe, CIHS Coordinator
- Representative of each grantee site will introduce each team member, their role, location, cohort, and goal they have achieved in the last 3-6 months.

2:00 – 3:00 pm**Selecting the Best Practices for Your Consumers**

Convene with your team to complete a brief self-assessment to measure alignment with the characteristic of high quality practices for tobacco cessation, nutrition and physical activity, and chronic disease self-management. Following the assessment, share the successes and challenges to implementation of these practices in an engaging dialogue with the full group.

3:00 – 3:15 pm**Stretch Break****3:15 – 4:15 pm****15 Minutes with the Masters: Grantees Share Strategies for Success**

Take the opportunity to hear from experienced PBHCI program staff on their strategies to address certain aspects of integrated care – and ask questions related to their topic of expertise. This fast-paced roundtable format allows you to get insights from expert colleagues in up to four topics – rotating to a new topic every 15 minutes.

Topics:

1. Engagement and retention
2. Strengthening the BH and PC partnership – successful strategies
3. Start-up advice for cohort 8
4. Sustainability of PBHCI and integration
5. Working with outside providers

4:15 – 5:00 pm **Report Out**
Grantees will be asked to share their most important learning from roundtable discussions.

Tuesday, February 2

8:30 – 8:45 am **Welcome/Recap of Day 1**

8:45 – 9:45 am **Ensuring a Person-Centered Approach to Establishing Health Goals**
Learn strategies for designing an assessment to outcome/progress monitoring to promote involvement and commitment to overall health that is client-driven and outcome-oriented.

9:45 – 10:00 am **Stretch Break**

10:00 – 12:00 pm **Measuring Sustainable Change: Lessons from Grantees**
Continuous quality improvement (CQI) is an important process to achieve sustainable change. Get a brief overview of the CQI method and learn how other grantees incorporate this method into their PBHCI programs.

Improvement areas to consider include:

1. Using the IPAT and BHICA to move to a higher level of integration
2. Improving a health disparity identified by the grantee
3. Creating a successful workflow to support integration
4. Advancing a culture of wellness
5. Improved business practices

12:00 – 1:00 pm **Lunch (on your own)**

1:00 – 2:45 pm **Demonstrating the Value of the PBHCI Program**
Take this opportunity to tell your integrated care story using the framework of the Triple Aim. You already have all the tools in your grant program to tell a compelling story to leadership, partners, payers, and policy makers.

2:45 – 3:00 pm **Wrap Up and Evaluation**

3:00 pm **Adjourn**